Please Contact Us

We are located in the community room at Kortright Hills Public School 23 Ptarmigan Drive Guelph, ON NIC 1B5

519.993.5264 <u>kortrighthillsng@gmail.com</u> www.khng.ca Our Boundaries

North – Downey and Niska Rd from Hanlon to Niska Bridge -

North to Stone Road

West - City Limits;

East – Hanlon Expressway;

South West - City Limits to Downey Rd;

South East – Teal Dr. from Downey to Hanlon.



"creating a village in the city"

April 2022 issue

<u>Visit us on the Web: www.khng.ca</u>



KHNG VIRTUAL CONTEST MARK YOUR CALENDARS!

l) Egggstravaganza Virtual Community Scavenger Hunt! Mar 27 - Apr 13/22

2) Mother's Day Virtual Contest Apr 20 - May 4/22

3) Father's Day Virtual Contest May 30 - Jun 13/22

KHNG VIRTUAL CONTEST INFORMATION



"creating a village in the city"

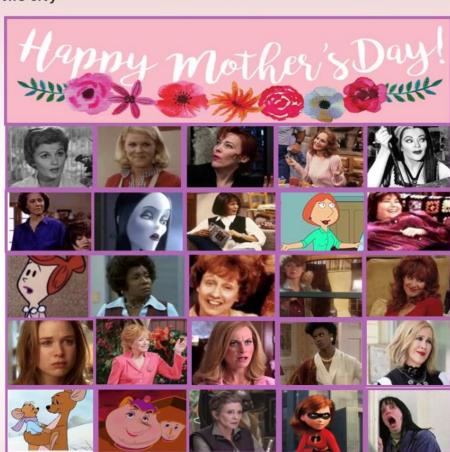
How To Play!

1) List 8 famous Moms you see in the images to the right

List what movie/ show they were in

Each entry will have a chance to win 1 of 3 prize packages

Good Luck!



Virtual

Mother's Day

Contest

April 20 - May 4, 2022 (prizes delivered before Mother's Day)

Fill out the google entry form below & your name will be entered into our Mother's Day Virtual Draw for a chance to win 1 of 3 prize packages.



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Virtual Father's Da Contest

May 30 - June 13, 2022

(prizes delivered before Father's Day)

"creating a village in the city"

How To Play! Happy Father's Day!

1) List 8 famous Dads you see in the images to the right

List what movie show they were in

Good Luck!

Fill out the entry form & your name will be entered into our draw for a chance to win 1 of 3 prize packages.





















Entry form link: https://forms.gle/FJzthBujUexDYKs57





Toysgus



HAPPY FATHER'S DAY







4);





Welcome!

If you are new to the Neighbourhood, we extend a warm welcome to you and your family! Please consider joining us for our regular monthly meetings to help plan social & recreational events.

Thank You!

Informed:

Stay

A special 'thanks' goes to all of our volunteers and community partners, 26th Guelph Scout Group, Kortright Hills Public School and the GNSC. Your support for our neighbourhood is greatly appreciated!

To get email updates of our neighbourhood events delivered to your inbox, please send your request to

kortrighthillsng@gmail.com. Visit our website, Facebook group or page telling you of upcoming events, programs and workshops.



Guelph School Board Holidays

Mark your calendars, below are the student days off of school for both boards.

Upper Grand District School Board (H-Statutory Holiday P-Professional Activity Day B-Board Designated Holiday E-Exam Day)

Elementary Calendar: April 15, 18 (H) May 23 (H) June 3 (P)

Secondary Calendar: April 15, 18 (H) May 23 (H) June 21-27 (E), 28 & 29 (P)

Wellington District Catholic School Board

(H-Statutory Holiday P-Professional Activity Day B-Board Designated Holiday E-Exam Day)

Elementary Calendar: April 15 & 18 (H) May 23 (H) June 3 (P)

Secondary Calendar: April 15 & 18 (H) May 23 (H) June 22-24, 27-28 (E), 29 & 30 (P)

Want to Advertise in KHNG Newsletter

KHNG Newsletters January, April, July and October 2022 Sponsorship Suggested Rate Scale:

Full page ad, graphics, logo and border

\$100.00 for Newsletter \$50.00 for Website Half page ad, graphics, logo and border

\$50.00 for Newsletter \$25.00 for Website

Quarter page ad, graphics, logo and border \$25.00 for Newsletter \$15 for Website

- Business card size, graphic, logo and border
- \$15.00 for Newsletter \$10.00 for Website

Small word ad, max 15 words, No graphics, FREE Newsletter advertising helps fund KHNG events Advertise in our next newsletter July 2022!!

** KHNG OFFICE ** IS CLOSED TILL FURTHER NOTICE **TO REACH OUR STAFF PLEASE** EMAIL:kortrighthillsng@gmail.com Phone Number: 519.993.5264 Page 5 of 10



"creating a village in the city"

Spring Info!



#ScoutsDoStuff

REGISTER TO ATTEND A SCOUTS CANADA PROGRAM NEAR YOU **Programs are STEM based**

To join contact Paul by email: paulleone@sympatico.ca

Beavers Cubs	ages 5-7 ages 8-10	meet Mon 6:30-7:30 meet Wed. 7:00-8:30
Scouts	ages 11-14	meet Tues 7:00-8:45
Venturers	ages 14-17	meet Tues 7:00-9:00

WE WELCOME YOUR PARTICIPATION & NEED YOUR HELP

Can you help us continue to deliver social and recreational programs for our community? In the coming months we are seeking your assistance with:

* * * Please note that several events & programs have been cancelled or virtual until further notice. Check the KHNG facebook page & emails for any updates in the near future. * * *

- Planning of upcoming events
- Becoming a leader with 26th Scout Group *
- * Volunteering with KHNG

If these or similar opportunities are of interest to you, contact us today at kortrighthillsng@gmail.com

Your help is needed - call or e-mail us today!!

HELP!



"creating a village in the city"

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Spring | Summer Info!





Kortright Hills Neighbourhood Group & 26th Guelph Scouting Group



Saturday April 30, 2022

Sponsored by:

Guëlph

9:00 am — 11:00 am

Meet at the Kortright Hills Community Room (KHNG community room, side entrance of the school) Join us for our 14th annual family clean up of our public green spaces & parks.

Gloves, maps and garbage bags will be provided. Help keep our community beautiful.



For more information contact Leone Schadenberg KHNG Neighbourhood Support Worker kortrigthhillsng@gmail.com or www.khng.ca



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KHNG GIGGLE CORNER







Calling all gardeners!

Plots are now available for rent at Mollison Park Community Garden for the 2022 gardening season. Please contact Nicole at mollisonparkcommunitygarden@gmail.com

Volunteers Needed!



Mollison Park Community Garden is looking for energetic volunteers to help out their neighbours while earning hours towards high school graduation. Please contact Nicole

at mollisonparkcommunitygarden@gmail.com for more information.



THE GIFT OF GIVING...BY STUDIO C

Gift baskets are a wonderful way to keep in touch with family, friends and clients throughout the year. Our signature, high-quality baskets fit any occasion, whether you choose a simple 'thank you' basket for a corporate client, a 'feel better soon' fruit basket, or a delicious Dutch candy basket, beautiful memories are sure to be made.

At **Studio C** we carefully design and construct each gift basket, mixing and matching items while paying great attention to every detail... from design to construction to delivery...making gift giving easy, fun and affordable! Contact us today to order studiogiftbaskets@gmail.com, discuss special requests and to answer any questions you may have or visit our website: https://homebystudioc.com/

we made this

just for you

studiocgiftbaskets@gmail.com 519.993.9359

We hope you enjoy browsing our site to find the perfect gift!



Share Community News In The KHNG Newsletter: KHNG sends an electronic newsletter, four times a year, next issue is July 2022. Want to advertise your business? Want to share your favourite recipe? Write an article of interest? Or are you a student looking to offer your services (i.e. babysitting, shoveling snow, cutting/raking the lawn). Send your information by E-mail to: kortrighthillsng@gmail.com. This is a great way for Kortright Hills Neighbours to come together by sharing thoughts, talents & services with our community neighbours.

Kortright Hills Community News!

Life Gears & KHNG Summer Camp This summer Kortright Hills NG will be partnering with Life Gears Academy to offer 6 weeks of summer STEM camps. Find camp descriptions and registration here https://www.lifegears.org/camps/summer-camps Location: (still being confirmed) Kortright Hills Neighbourhood Group Community Room (23 Ptarmigan Dr) **Dates:** July 11 to August 26th (excluding Aug. 2 week) Time: Monday - Friday 9am - 4pm (8:30am - 4:30pm extended care for an additional \$5/day) Ages: 8-11 Cost: \$210 for a 5 day week Kortright Hills feGears Neighbourhood Gr **STEM Camps Ages 8 to 11** Register at: Guelph www.connectionsdancecollective.com Kortright Hills P.S. \$210/week 9am to 4pm extended care available Week 2 Week 3 Week 1 July 11 - July 15 July 18 - July 22 July 25 - July 29 https://forms.gle/rAGBu9rPpYXea1Qs8 Young Engineers STEAM Team Jr. Mad Scientists Week 4 Week 5 Week 6





Skill Samurai Guelph Summer Camp

Skill Samurai Guelph is offering summer camps this year with UGDSB. Registration is open for two great options. Outdoor Adventure camps:



and Skill Samurai Guelph (Tech minded children/teens):

https://www.skillsamurai.com/guelph/summer-camps/

we are offering discounts to help with the recent increases in life. Email Skill Samurai Guelph bgould@skillsamurai.com if you are interested and a discount will be sent to you. (please note location has not been secured due to waiting for confirmation from UGDSB)





26th Guelph Scouting Group

Attention: We are looking for volunteers to help run our scouting programs: Beaver Scout, Cub Scout, Scouts, Venturer Scout If interested please contact Paul Group Commissioner of the 26th Guelph Scout Group: paulleone@sympatico.ca



KHNG Asking for Support

Have you missed Egggstravaganza, Summer Chill Night and Boooonanza as much as we have?

Since the pandemic began, in-person events have stopped and KHNG moved to virtual contests to stay connected with the community.

For each virtual contest, KHNG has given away three prize packages to members of our community, thanks to generous donations from our community sponsors. We'd like to continue with our virtual contests until we can get back together in person to enjoy our awesome events. To help us continue bringing good cheer to members of our community through our virtual contests, we are reaching out to you to ask if you would consider making a donation. Either a gift item or a monetary donation (via e-transfer to <u>kortrighthillsng@gmail.com</u>) If you have any questions please do reach out to Leone by email <u>kortrighthillsng@gmail.com</u> Thank you for your support!

Guelph Paint & Bike Re-Use & Goods Exchange

Guelph's Bike & Guelph Paint re-use opens April 18,2022 Guelph's Goods Exchange weekend will be May 20 - 23, 2022







KHNG *Set* Corner

Sparky is a 9 year old who lives with his momma. His extended family includes aunts Kay and Mary and his best friend is Kaiser. Sparky's favourite treat is liver snaps. He likes to play with his stuffed toys at home with his momma. He goes and gets them for his momma to throw them & then he tosses them up in the air before bringing them back to his momma. Sparky prefers to greet other small dogs at the park with the exception of Kaiser.





City Of Guelph Hiring For Summer

GUELPH IS HIRING STUDENTS FOR SUMMER JOBS



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Kortright Hills Recipe Corner!! Kortright Hills -Your Neighbourhood Group RECIPES "creating a village in the city" Very Easy Fruit Salad



Ingredients:

- 1 (1 pound) loaf unsliced white bread
- 1 cup freshly grated Parmesan cheese
- 1 cup grated Romano cheese
- 6 cloves garlic, crushed
- 1/2 cup chopped fresh parsley
- 1 cup extra virgin olive oil
- 2 tablespoons dried red chile peppers

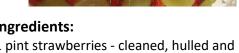
Directions:

Preheat oven to 300 degrees F (150 degrees C).

Place the unsliced white bread loaf in a large oven safe serving dish. Cutting only about half way down the loaf, make 8 slices. Sprinkle Parmesan cheese, Romano cheese, garlic, parsley, and 1/2 the extra virgin olive oil over loaf. Spread dried red chile peppers around base of bread.

Bake in the preheated oven approximately 15 minutes, or until the cheese is melted but not browned. Remove from oven and cover with remaining olive oil. Serve at once!





- sliced
- 1 pound seedless grapes, halved
- 3 kiwis, peeled and sliced
- 3 bananas, sliced
- 1 (21 ounce) can peach pie filling

Directions:

In a large bowl, combine the strawberries, grapes, kiwis, and bananas. Gently mix in peaches. Chill for 1 hour before serving.

"Cooking is an expression that crosses boundaries"

Spring Vegetable Soup

Ingredients:

- 1 tablespoon vegetable oil
- 1 clove garlic, minced
- 1/2 cup chopped broccoli
- 1/2 cup torn spinach
- ¹/₂ cup chopped carrots
- 2 (32 fluid ounce) containers chicken broth
- 1 cup canned white beans

¹/₂ cup chopped onion

1 medium potato, peeled and chopped ½ cup frozen corn 1/2 cup chopped fresh mushrooms ¼ cup chopped cabbage 6 ounces egg noodles



Directions:

Heat the oil in a large pot over medium heat, and cook the onion and garlic until tender. Mix in potato, broccoli, corn, spinach, mushrooms, carrots, and cabbage. Pour in chicken broth and bring to a boil. Reduce heat to low. Simmer 20 minutes, until potato is tender.

Stir egg noodles and white beans into the pot, and continue cooking 7 minutes, or until noodles are tender and beans are heated through.

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Ingredients:

- 1 pint strawberries cleaned, hulled and

Kortright Hills Recipe Corner!!



Classic Chicken Fajitas

Ingredients:

2 tbsp. vegetable oil
1 onion, sliced
2 red, yellow, orange bell peppers, sliced
1 garlic clove, minced
2 boneless, skinless chicken breasts, sliced
1 tbsp. fresh lime juice
1/2 tsp ground cumin
1/4 tsp salt
8 white, 7" tortillas warmed



2 tsp chili powder 1/4 tsp cayenne pepper 1/4 tsp black pepper

Directions:

Heat a large frying pan over medium high. Add 1 tbsp. of the oil, then onion, peppers and garlic. Cook until vegetables are tender, about 3 to 5 minutes. Remove vegetables from pan and set aside.

Add remaining 1 tbsp. oil to pan, then chicken. Cook, stirring occasionally, until no longer pink, about 5 minutes.

Stir in lime juice, chilli powder, cumin, cayenne pepper, salt & pepper. Return vegetables to frying pan.

Fill tortillas with chicken & vegetables. Serve with your favourite toppings such as shredded cheese., chopped tomatoes, shredded lettuce, refried beans, sour cream and salsa.



Strawberry Orange Rhubarb Cake Ingredients:

- 6 stalks rhubarb, cut into 1/2 inch pieces
- 1 pint strawberries, hulled and sliced
- ⅓ cup butter, softened
- 2 teaspoons grated orange zest
- 1 ¼ cups all-purpose flour
- ½ teaspoon baking soda
- ¾ cup buttermilk
- 1 egg 1 teaspoon vanilla extract
- 1 teaspoon baking powder
- ¼ teaspoon salt

Directions:

Preheat the oven to 350 degrees F (175 degrees C). Grease a 9 inch square baking dish.

Place the rhubarb and strawberries into a bowl. Stir in 2/3 cup of sugar until fruit is coated. Pour into the prepared pan and spread out to cover the bottom. In a medium bowl, beat the remaining sugar with the butter until light and fluffy, about 3 minutes. Mix in the egg, orange zest and vanilla. Combine the flour, baking powder, baking soda and salt; stir into the batter, alternating with the buttermilk. Pour the batter over the fruit in the dish.

Bake in the preheated oven until a toothpick inserted into the center comes out clean, about 55 minutes.

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Main Dish Macaroni Salad

Ingredients:

- 1 cup mayonnaise
- ¼ cup grated Parmesan cheese
- 1/4 cup chopped parsley
- 2 tablespoons milk
- 1 clove garlic, minced
- 2 cups corkscrew pasta
- 1 ½ cups diced ham
- 2 cups halved cherry tomatoes

Directions:

Cook pasta in a large pot of boiling water until al dente. Drain, rinse, and drain once more. Set aside.

In a large bowl, combine mayonnaise, grated cheese, parsley, milk, and garlic. Mix well. Stir in pasta, ham, and tomatoes. Chill several hours.

Down East Maine Pumpkin Bread

Ingredients:

- 1 (15 oz) can pumpkin puree
- 4 eggs
- 1 cup vegetable oil
- ⅔ cup water
- 3 cups white sugar
- 3 ½ cups all-purpose flour
- 2 teaspoons baking soda
- 1 ½ teaspoons salt
- 1 teaspoon ground cinnamon
- 1 teaspoon ground nutmeg
- ¹/₂ teaspoon ground cloves
- ¼ teaspoon ground ginger

Directions:

Preheat oven to 350 degrees F (175 degrees C). Grease and flour three 7x3 inch loaf pans.

In a large bowl, mix together pumpkin puree, eggs, oil, water and sugar until well blended. In a separate bowl, whisk together the flour, baking soda, salt, cinnamon, nutmeg, cloves and ginger. Stir the dry ingredients into the pumpkin mixture until just blended. Pour into the prepared pans.

Bake for about 50 minutes in the preheated oven. Loaves are done when toothpick inserted in center comes out clean.





